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Photo via LDS.org

Receive One Such Little Child In My Name

*Valley Saints Open Their Hearts
and Homes to Foster Children*

By Merry Gordon

The Savior taught that “whoso shall receive one such little child in my name receiveth me”—and now, perhaps more than ever, there are many children with arms outstretched waiting to be received.

This May marks National Foster Care Month, a time to both build awareness for the thousands of children in Arizona who need out-of-home care and to show appreciation for the many families who step in to

help these children in crisis.

Foster care is intended to be a temporary placement for children who, for whatever reason, cannot live in their homes. Over 14,000 children in Arizona are currently in the foster care system. Often victims of neglect, abuse, poverty, or any other number of issues, these children have a special place in the hearts of many Latter-day Saint families who have opened their homes to them.

Every foster family’s story is dif-



Over 14,000 children in Arizona are currently in the foster care system.

Photo via Pixabay

ferent. Rachael Thompson got the call from Child Protective Services on Christmas Eve of 2011: a baby girl had been abandoned at the NICU. At only four pounds, she would come with an entourage of therapists and nurses and present a challenge to the Peoria North Stake’s Thompson family, who already had three biological children and one child recently adopted through foster care. The Thompsons were not yet looking for another foster placement—after all, their adoption had just

been finalized. Would they open their home to this little girl?

For Thompson, a foster parent since 2010, there was no question. “We immediately said ‘yes’ to the placement,” she says, adding that her family “felt a pull to this child.” Within a few years, the Thompsons had adopted the sweet little girl who completed their family.

Such life-changing experiences

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Receiving Foster Children

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have helped Thompson and many other foster parents redefine what it means to be family: “We feel the power and love it takes to create a family without sharing DNA and know that we are forever a family because we chose to love each other no matter what may come along.”

Sometimes the call to foster is unexpected. Goodyear Stake’s Tammy Davis says, “A friend of our children’s called us one day from DCS [Department of Child Safety]. She explained that her mom had gone to jail, and she needed a foster home and asked if we would be willing. That was the beginning of our fostering career.”

Some families foster out of their sense of abundance. Leon Crandell, a member of the Prescott Valley Stake, says, “My wife and I were foster parents and then adopted six kids. We felt that we were so blessed and had so much—why have more kids when there are so many who need loving families?”

Still other families look for the most special needs. Tiffany Evans, another member of the Goodyear Stake, has, with the help of her fam-



Photo via Pixabay

Children can find themselves in foster care for a variety of reasons.

ily, fostered sixteen kids over the last four years. The Evans family has a special license for children with disabilities: “We have loved all of them and learned so much about their individual interests, gifts, and needs.”

Whether physical, emotional or social, many foster children do come with special needs. The Peterson family, currently living in the Gushikawa Branch in the Okinawa Military District, adopted two children out of foster

care. The pair had been in the system for nearly two years and suffered post-

traumatic stress disorder from abuse that had put them into foster care in the first place.

The first year was “the hardest year of my life,” admits Monica Peterson. “The screaming fits and anger and destructive behaviors were so overwhelming.” But now, seven years later, both kids are stable and well-adjusted, the oldest of the six Peterson siblings. “I could not have hoped for two better children to set the example for their younger brothers and sisters,” says Peterson.

Hannah Eiselin, a member of the Liberty Ward in the Peoria North Stake, was an adoption counselor in the Church for twelve years. Now an on-call counselor with LDS Family Services, Eiselin and her husband have adopted two children from foster care and fostered children be-

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"I felt more than I have ever felt with every child: love, fear, anger, devastation, heartache, anxiety, joy, and blinding devotion."



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WHAT'S THE BUZZ?

Inspired musings since we last talked...

Changes in the Church: I saw quite a few memes on social media prior to General Conference anticipating another load of "get your popcorn" new Church changes to be announced during the weekend. Many referenced President Nelson's recent quote inviting members to get their rest and take their vitamins in anticipation of more restorative adjustments. And then ... silence. No changes. No policy announcements. No major revelations. The lead up reminded me of our desire to read the sealed portion of the gold plates when we struggle to apply what was revealed with the unsealed portion! We get caught up in the excitement of the announcements and want the feels we experienced when the last changes were announced. Elder Ballard cautioned us about this in his Conference talk, counseling us focus on the spirit of recent changes, rather than on the excitement of them. I will endeavor to do exactly that.

Name of the Church: I've included in this issue some info regarding the new emphasis on calling our great church by its true name; changes in the names of websites, social media sites, and how we verbally name the Church. Old habits are hard to break, and the world knows us by the names of "Mormon" and "LDS." I remember when Datsun changed its name to Nissan. At first, the name Nissan was printed under the name Datsun, then Datsun under the name Nissan, then Datsun was dropped altogether. Today, very few recall the name Datsun. A worldly example, but a useful one as we anticipate the time it will take for us to get used to the inspired direction to call our church by its proper name. (Can we still call Cheerios "Mormon donuts"?)

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Michael O'Brien
Publisher

The Arizona
BEEHIVE

The Arizona Beehive, LLC
1225 West Main Street, Suite 101-439
Mesa, Arizona 85201
480.304.5646 • www.ArizonaBeehive.com

PUBLISHER
Michael O'Brien
publisher@ArizonaBeehive.com

EDITOR
Merry Gordon
storyideas@ArizonaBeehive.com

GRAPHIC DESIGN
Leslie Thompson
Info@ArizonaBeehive.com

PHOTOGRAPHY
The Arizona Beehive, LLC

WEB DESIGN
Carl Eiferman
Info@ArizonaBeehive.com

SOCIAL MEDIA
Grace O'Brien
grace@ArizonaBeehive.com

CONTRIBUTING WRITERS

Allison Beckert
Emily Jex Boyle
Delight Clark
Cecily Markland Condie
Hilary Jade Fevrier
Robin Finlinson
Rachael Fuller
Karelyn Goins
Merry Gordon
Valerie Ipson
Alyson Johnson
Heather Kidder
Sherrie Nattrass
Katherine Ogden
Cindy Williams

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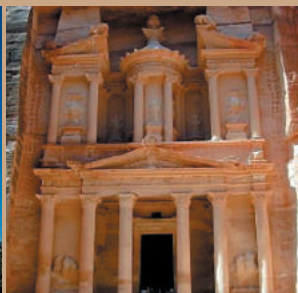
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Receiving Foster Children

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yond that. She understands well the complex world of foster care.

“If you are used to having things the way you want them,” she laughs, “forget it!” Children come to a foster family at any time, under any circumstances—and sometimes, they come only with the clothes on their backs and limited background information. “You have to be super flexible,” Eiselin continues. “You don’t necessarily know about when they sleep, what their schedules are . . . you eventually figure it out.”

Some families are able to adopt children they have fostered, but ideally, a foster situation ends when a child is returned to their own family once they can care for that child again. Eiselin’s heart goes out to these families. “They have so much to overcome,” she says. “Often they are younger families, sometimes single moms—they’re in survival parenting mode. If they didn’t have that support [growing up], it’s hard for them to have the insight they need to parent.”

Eiselin tries to build good relationships with the families whose children she looks after. “Our stance is that we’re going to try to support the birth families in getting their kids



Photo by Lori Shirley

The Peterson family, of the Gushikawa Branch in the Okinawa Military District, with their children, both biological and adopted. Two of their children were in the foster care system for years and have since found a forever family in the Petersons.



Foster families offer children in crisis stability and love.

Photo via Pixabay



Photo courtesy of Rachael Thompson

The Peoria North Stake’s Thompson family—three of their five children are biological, and two were fostered and eventually adopted.

back—we can be a catalyst for their change. We’re working together for the same goal,” she says.

She says that it’s bittersweet when foster children leave their home. “You have to be ready for that ride,” she says. The family had twins in their home for four months. When they left, “it was hard, and I miss them, but maybe our influence continues.” She remains hopeful for

their futures.

While children going home to their biological families can cause some heartache for foster families, it’s all part of the plan, says Tammy Davis. The biggest blessings from fostering include “seeing the growth and progress a child can make and reuniting families that were just going through hard times or that just needed some instruction on how to handle their circumstances,”

she says.

Foster care is a labor of love, but don’t tell Rachael Thompson that you could never be a foster parent, or that you’re worried you might get “too attached” to a foster placement.

“Honestly,” Thompson says, “those statements are offensive because I am not beyond feelings or devastation—actually, quite the opposite. I felt more than I have ever felt with every

child: love, fear, anger, devastation, heartache, anxiety, joy, and blinding devotion.”

But that’s not the point, Thompson says: “The need for children to feel love, safety, and be a part of a family is greater than my feelings. Foster care isn’t about me, it’s about kids.”

This is a 2-part story, continuing in our July/August issue.

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TESTIMONIALS

I have actually known Mike for many, many years. We personally have purchased two vehicles from him and know a LOT of other people who have also bought from him and were very happy with their deals. We would feel very comfortable coming back to get a third vehicle again from him. Thanks Mike —*Danny Hunsaker, Maricopa*

Our family has purchased vehicles from Mike for over 15 years now. My parents have bought two, my husband and I bought our van from him. We always get a very fair price when buying from him. We know we saved several thousand dollars on the van we got. —*Lindsay Owens, Maracopa, AZ*

We bought a Ford Focus from Mike a while ago and feel that we were treated very fairly. It was a very good value for what we got and we were treated with respect and honorably. I feel comfortable endorsing Mike. —*James Ellis, Surprise*

I had shopped around the Phoenix area for weeks and weeks without finding what I felt was a good price for a smart car. When I talked to Mike and he told me the prices he'd seen them going for at the dealer only auto auction I was VERY happy. We asked him to buy one for us. He did the very next week. We picked it up, and there were no surprises. It was exactly what he had represented it to be. We are happy and it was a joy dealing with Mike. —*Daniel Amberg, Chandler*

I needed a good midsize car that would be dependable but not break the bank with the price. I got a Toyota Camry from Mike at what was thousands less than I could have found anywhere I'd looked locally. It has been a very good car. The deal went off without a hitch and I could not be happier. —*Lyman Soloman, Taylor*

We are retired and wanted to get a quality mid sized SUV. Mike got us a very nice Lexus RX350 with reasonable miles on it for thousands less than we could have found it for ourselves. It is beautiful, and we love our car. We also love dealing with someone who does what he says he'll do and delivers what he says he'll deliver. We'll be back Mike. —*John Blood, Scottsdale*

I was told by a friend to look into buying our next vehicle from Mike. We did, and I'm so glad we did!!! We had a pleasant experience buying a vehicle from him. He told us what we could expect, and then over delivered. We could not be happier. —*Taylor & Karen Cozzens, San Tan Valley*

I don't really endorse people like this in general, but I will make an exception for Mike because he really does do what he says he'll do. Our family have purchased two vehicles from him. My sister has bought one, and my parents have bought one. Each of these transactions have been a pleasant experience. No hype, no promises broken, no pressure. Just accurate and honest descriptions of the vehicle. If you want to save thousands of dollars on your next purchase, call Mike. (We'll be back for our third when the time comes.) —*Kristen & Nathan Lindorf, Peoria*

This is our second car that we've got from Mike. Both times we have had very positive experiences. It's nice to know that when we drove our vehicle for the first time we were not upside down financially. The staff is very professional, and kind. They are easy to deal with and we felt that they had our best interest in mind both times. We would not have come back a second time if we did not have a good experience the first time!!! —*Doug Anderso, Queen Creek*

We had a very positive experience buying our car this way. It is a little unnerving buying a vehicle that we have not test drove. But, we saw plenty of pictures of it and the miles were reasonable, so we went ahead. The car is everything that they said it was, and we know we saved a few thousand dollars buying it this way. Good car, good transaction. Good job Mike. —*Dennis Pyper, Mesa*

Buying a car sight unseen may not be for everyone, and it was a little different I'll admit. But, it was accurately described, and we were not disappointed. We'd do it again and in fact plan to. —*Howard Sorenson, Yuma*

We have bought two vehicles from Mike already, and know literally a dozen other people who have also bought from him and were happy. He really does deliver what he promises. That's refreshing in the automobile business these days. Save a LOT of money, have a positive experience, and get a great car all at the same time. It really does work. —*Keith & Lora Loomis, Maracopa*

Our first car we bought from Mike was almost twenty years ago. I have known several others who have also bought from him this way and were very happy. —*Eric Remer*

We are driving our third vehicle that Mike got for us. It too is a VERY good one and has served us well. We have been talking to him about getting another one as our current one has over 100,000 miles on it and we're about at the point where we can afford a little nicer model now. We are totally confident that the forth one we get through Mike will be another positive experience too. Thanks so much for making the car buying experience a nice experience Mike. —*Steve & Lacey Houston, Scottsdale*

CARS RECENTLY PURCHASED FOR SATISFIED CUSTOMERS:

2018 Hyundai Tucson: **21,000 miles, \$14,900**

2017 Dodge Grand Caravan: **47,000 miles, \$13,700**

2017 Hyundai Elantra: **8,000 miles, \$12,900**

2016 Hyundai Sonata: **40,000 miles, \$10,500**

2018 Ford F-250 (Diesel): **14,000 miles, \$41,800**

2017 VW Jetta: **22,000 miles, \$11,600**



Mike and Nancy with all their grandkids!

YOUR PROBLEM SOLVER

Mike Hallelwell doesn't consider himself the middle man for car buyers, but more like the problem solver.

Unsatisfied with the used car buying experience over 20 years ago, Hallelwell developed a business to avoid "marked up dealership" prices, and "no-guarantee" classified ads when looking for a car for not only himself, but for thousands of others!

For the past 20+ years, Mike has successfully been leapfrogging the pricey showrooms by going straight to the same source of the local auto dealers, the weekly "auto dealer only" automobile auctions.

Through his business, MikesAutoShack.com, he is able to offer customers the vehicles they want for THOUSANDS below retail, or Blue Book.

Every week about 3,000 vehicles are auctioned off at the auto dealer only automobile auction. Hundreds of local automobile dealers have been attending these same auctions for dozens of years. This is where they acquire much of their inventory.

Soon after the weekly auction many of these vehicles are in lush dealership showrooms all over the western part of the United States with price tags marked up by sometimes thousands and thousands of dollars more than the winning bid at the auction.

Hallelwell gets the same cars at the auction, but instead of up charging his customers thousands and thousands of dollars, he charges a flat fee of \$1,028.25. (Some luxury vehicles will include a higher fee.)

The process has worked so well that the CEO's of all three former LDS credit unions in the Las Vegas valley, Cumorah Credit Union, Ensign Credit Union and Kolob Credit Union all publicly endorsed Hallelwell's business. They each had done business with Mike personally, as had hundreds of their credit union members.

"I've found that many potential customers are afraid of buying a car from an auction," Hallelwell said. "They think it means the car is trouble, and automatically has problems if it is sold at an auction. What they don't realize is that the auction sells between 2,000 and 3,000 vehicles every week, and is the exact same place all the previously owned car dealers go to and buy their cars to put on their lots, then mark them up thousands of dollars."

Potential customers contact Hallelwell and tell him what make, model, price range and features they are looking for. Mike informs customers of which cars in that week's auction meet their requirements. From the auction he calls to report on the condition of each car, sending as many pictures to the potential customer as they want. He then tells them what that like, kind and quality of vehicle has sold for over the past 30 days. Together Mike and the customer will formulate what a realistic price is they can expect to pay for the vehicle that week.

With over 20 years of experience and THOUSANDS of cars already purchased, Hallelwell knows what a good deal is for his customers.

What makes the deal safer than anything found on Craig's List or in the classified is that he sells many of the vehicles with a FULL FACTORY WARRANTY at no additional cost to the customer. In addition, an extended warranty is offered if desired.

Hallelwell isn't the traditional car salesman, but paying thousands less for a car isn't traditional either!!!

"It's a simple process" Hallelwell said. "All you have to do is go to the web site: "MikesAutoShack.com" and register. It's free, and fast (less than one minute) You have nothing to lose and potentially thousands of dollars to save on the next purchase of your previously owned automobile. MikesAutoShack.com.

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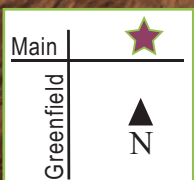
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Changes Announced to Emphasize the Correct Name of The Church of Jesus Christ

By The Church of Jesus Christ
of Latter-day Saints

The name of the Church was given by the Lord Himself when He instructed: “For thus shall my church be called in the last days, even The Church of Jesus Christ of Latter-day Saints” (Doctrine and Covenants 115:4). To be true to that charge, we are changing the names of many of the Church’s global communication channels as follows:

- LDS.org will become ChurchofJesusChrist.org.
- The missionary-focused website Mormon.org will be changed to ComeUntoChrist.org.
- Church social media accounts will emphasize the name of the Savior’s Church.

Over time, many Church communication channels in English will become part of ChurchofJesusChrist.org. In coming months, Church websites and social media accounts in other languages will be adjusted following a similar pattern. More detail can be found below or at Newsroom.ChurchofJesusChrist.org.

This is a complex effort in numerous global languages and much work remains. We encourage all to be patient and courteous as we work together to use and share the proper name of The Church of Jesus Christ of Latter-day Saints throughout the

world.

Jesus Christ is at the center of His Church and we will be blessed as we strive to make Him the center of our lives.

WHAT’S CHANGING?

Church Websites:

In the coming months, the ChurchofJesusChrist.org domain name will replace what were the following:

- LDS.org (ChurchofJesusChrist.org)
- MormonNewsroom.org (Newsroom.ChurchofJesusChrist.org)
- Mormon.org will take more time to merge with ChurchofJesusChrist.org. Until that time, it will change to ComeUntoChrist.org.

Church Social Media Accounts:

Several Church social media accounts will consolidate and give greater emphasis to the name of the Savior’s church.

- The Church’s official Facebook page will continue to be called “The Church of Jesus Christ of Latter-day Saints.” The official page on Instagram will now be “Church of Jesus Christ.” The handles for both pages will be @ChurchofJesusChrist.

- A new Facebook group has been established to build community and better inform individuals about Church news and updates. This group is called “The Church of Jesus Christ of Latter-day Saints—Inspiration and News.”

- The Church’s Twitter account display name will continue to be called “The Church of Jesus Christ of Latter-day Saints” with the username of @ChurchNewsroom and will be the primary source on social media for news from the Church.

Church Mobile Apps:

Many of the Church’s mobile apps will be renamed to align with recent direction from Church leaders regarding the naming of Church products.

Any additional changes will be posted at Newsroom.ChurchofJesusChrist.org



Believe. Love. Do.

LDS Sister Supervises Catholic Charities’ Juniper House Programs

By Kirsten Bublitz, The Catholic Sun

Recently, Sister Camie Rasband, member of the Lake Mary Ward in the Flagstaff Arizona West Stake and Program Supervisor of Catholic Charities’ Juniper House in Flagstaff, sat down for an interview with The Catholic Sun - the official newspaper of the Roman Catholic Diocese of Phoenix. With The Catholic Sun’s permission and encouragement, we present their interview here.

What does your job entail?

I am the housing supervisor, so I oversee all of our housing programs for all of the counties in northern Arizona. We have emergency shelters for families, re-entry housing for men and women, veterans’ housing in Prescott, rapid re-housing which is rental assistance with housing case management to service individuals and families who are homeless and also permanent supportive housing for the most vulnerable in the community and for individuals who are homeless who also have some sort of disability. We’ve steadily grown every year and we’ve seen what the needs are and created some programs to help with that.

Re-entry housing programs came about because we go into the jail every month and work with the case managers. We saw men and women coming out with positive momentum if they have the programing. But if they don’t have a safe, stable place to live, they are vulnerable to fall back into whatever situation caused them to be incarcerated in the first place.

How has the Juniper House impacted the Flagstaff community?

The Juniper House gives our residents a chance to be a part of the community in a positive and meaningful way. They’re getting jobs; they’re giving back to their community. We’ve seen this amazing stewardship and mentorship of them taking care of each other. It’s amazing to get to work with women and learn their stories and walk that path with them. We see these women show up, do the work and not let these barriers that in the past would have put them back on the street or back into jail. They have the stability and the tools to not get completely derailed.

How does the Juniper House speak to evangelization and discipleship?



Camie Rasband.

Photo courtesy of The Catholic Sun

One of the things that has been amazing at the house has been the community support. The volunteers that come and teach life skills classes are the same ones in the jail doing ministry. They are the same people that are dropping off donations: clothing, hair products, food, books, magazines. Everything in this house is donated. It really speaks to having that mindset that Church is not something

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The East Phoenix Valley is replete with LDS pioneer heritage. The names of pioneer families adorn our streets, buildings and schools.

We often casually pass by a geographic location without considering the history of the family for which the location was named, or why the family name was used. The inquiring minds of Arizona Beehive readers want to know!

In each issue we now present the history of one "famous" Mormon family name. We hope you enjoy learning about these families, and encourage you to reach out to The Arizona Beehive with ideas for families to feature in the series.

By Emily Jex Boyle

Blessed, Honored, Pioneer

Sons of Utah Pioneers Connecting to the Past and with Each Other

Once a month they arrive, carrying casseroles, salads and desserts to share a meal together.

The Arizona Chapter of the Sons of Utah Pioneer gathers in the cultural hall at the old Mesa 2nd Ward building, one of the oldest buildings in town, but what they share goes further than just a meal.

They use a pioneer term for their regular meeting—it's a *gathering*, and to Matt Wharton, president of the Arizona Chapter, they are inspirational. Annual national meetings are called *encampments*.

The chapter begins their gathering with prayer as well as the Pledge of Allegiance. First, they eat; then, they visit. Matt relishes in the sense of com-

munity he feels sharing a meal together and how it fosters a sense of home as well as a spirit of community.

"We meet on the second Thursday at 6pm of every month, except July and August," Matt explains. "There's always a musical performance by a local musician and we always have an informational or inspirational devotional. It varies greatly on the subject matter. It's generally not churchy or spiritually-oriented, but certainly there are those elements."

Recent presentations at the local Arizona Chapter gatherings include histories of local settlements, the Mormon Battalion, mission reports, and service projects such as people teaching English in China. Sometimes the musical performance is the actual presentation with a variety of pieces connecting stories together from the past through song.

Matt describes the presenters at recent gatherings as people who "are in touch with their families, their family trees, their pioneer heritage, and who are connected to each other, and ways they have served in their community."

The chapter will immediately consider anyone interested in presenting, either musically or historically. Dues for belonging to the local chapter are \$15 for the year. A subscription to an award winning quarterly periodical titled *Pioneer* comes with a \$60 national membership. According to Matt, it's worth being a part of the national society just for this impressive publication.

At a recent national encampment, Elder Gong of the Quorum of the Twelve spoke of various kinds of pioneers and challenged the audience to be



Photo courtesy of Matt Wharton

Men and women alike attend the Sons of Utah Pioneers presentation.

"bridge-building pioneers," by building bridges of compassion, understanding, friendliness and good neighborliness. Rather than crossing plains, deserts, cities, and towns he encouraged listeners to cross divides such as parking lots, school playgrounds, and cultural halls. His challenge was to "look for those who still need a helping hand. Who need a friendly smile. Who sometimes need some help."

In a world where we easily connect via technology, let's not underestimate the rich connection found in face-to-face interactions such as those that occur when sharing a meal or a story. Matt Wharton thoroughly enjoys being involved in the organization and hopes to welcome more people to the Tuesday event.

For more information, contact Matt at floobdab@gmail.com or 480-650-8499. <http://www.sup1847.com>

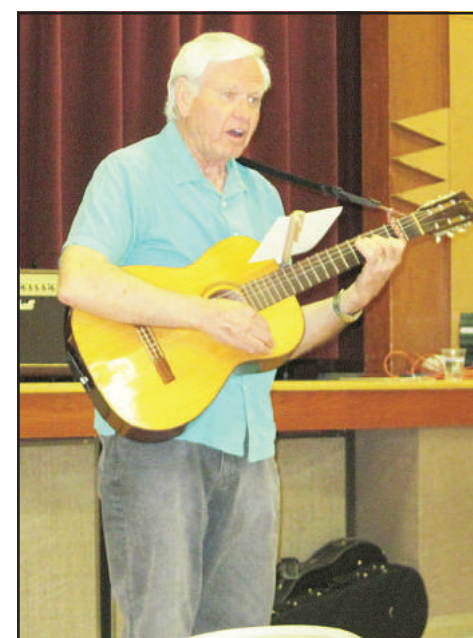


Photo courtesy of Harvey Zilm

John Keller plays the guitar in a recent monthly gathering.



Photo courtesy of Harvey Zilm

Matt Wharton serves as current president of the Arizona Chapter of the Sons of Utah Pioneers organization.

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A Picture Is Worth A Lifetime, Plus 100 Years

Forever Online Photo Storage

By Karelyn Goins

To the casual observer Kim Hicks appears to be just like any other person, but this Senior Lead Ambassador has a passion for helping others preserve their family's history. Her website, www.foreverkimhicks.com, is ready to help people from all walks of life to digitally record and store their memories for, "a lifetime, plus a hundred years guaranteed." With over 25 years of experience, Hicks knows about the preservation of beloved family memories.

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of memories to be passed on from generation to generation, as well as retaining sole ownership of all content stored by FOREVER™.

Hicks shares the benefits of using her services: "[Clients] have a backup version in case of loss or disaster. [They can] easily share memories with other family members, as well as view and enjoy inaccessible memories due to outdated formats and equipment such as slide projectors and video machines. [Preservation] of a family historian's collection for future generations. No need to worry about hard copies deteriorating or getting lost." Also, no need to worry about hard drives crashing, data becoming corrupted or file types that are no longer supported.

Kim shared, "I read this quote today, 'A man that procrastinates in



Hicks at the FOREVER™ headquarters in Pittsburgh.

Photo by Kim Hicks



Photo by Kim Hicks

A collage of some of Hicks' projects, and various outdated memory storage systems.

his choosing will inevitably have his choice made for him by circumstance.' Every single day, I hear people say things like, 'I need to do something

about my photos or videos,' as if they are waiting for some magical perfect

Continued on pg. 27

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5 \$25 FOR

By Emily Jex Boyle

LOCAL Family Fun! Five Great Activities for Under \$25 Per Person!

Beat the Heat Without Breaking the Bank

Pull out the popsicles and dive into a pool! While our 5 for \$25 summer offerings are a little pricier, these fun activities are mini-vacations in themselves. Our beautiful state offers opportunities for summer fun without burning a hole in the wallet. So, as the temperature climbs, get out and about. Remember to exercise caution when spending time outdoors in extreme heat. Visit the Maricopa County Heat Safety Website or Phoenix Summer Heat Info for further information.

#1 Go Pool Hopping!

Private and public pools abound in the Arizona heat! With a variety of cities in close proximity, don't forget to explore what pools in your area have to offer. Most cities offer reasonably priced summer passes for individuals and families from Memorial Day to Labor Day. Many pools offer unique features. For example, the Rhodes Pool in Mesa offers the FlowRider surfing system, while the Maricopa Aquatic Center pool area offers a six-foot rock-climbing wall as well as a lazy river. The Tempe Kiwanis Wave Pool is open during the summer. Finally, at Palm Island Family Aquatic Center in Casa Grande, the summer season ends with a Doggie Dive-In! Check your local recreation center for more information.



Photo by Emily Boyle

Swim lessons and other activities including open swim are offered at pools across the state for a great price.

#2 Visit the MIM

Looking for a unique indoor opportunity? Visit the Musical Instrument Museum in North Scottsdale. This museum, which opened in 2010, is the largest museum of its kind the world. The museum houses over 15,000 musical instruments and related objects, including pieces from around the world.

4725 E Mayo Blvd, Phoenix
(480) 478-6000

*General admission is \$20.
Teens 13-19 are \$15; children 4-12 are \$10.
Children 3 and under are free.*



Photo courtesy of calculatedtraveler.com

Musical Instrument Museum entrance.



Salt River Tubing.

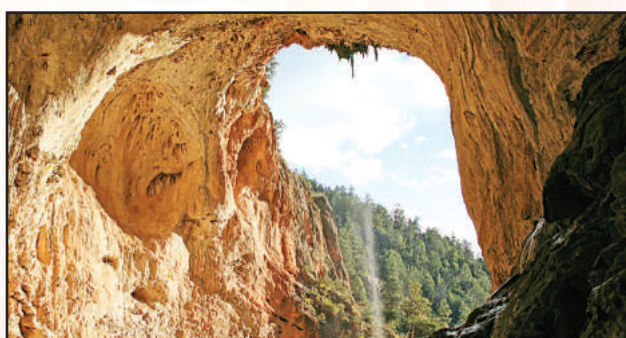
Photo courtesy of Pinterest

#3 Float the Salt River

Salt River Tubing provides visitors an opportunity to float in tubes down portions of the Salt River. The company offers guests tubes and parking as well as shuttling to and from drop off and pick up points along the river. Enjoy a relaxing day just out of the city without traveling too far. Tubing is for guests age 8 years old and over who are at least 4 feet tall.

9200 N Bush Hwy, Mesa, phone
(480) 984-3305

*Tickets cost \$17/person + taxes/fees.
(www.saltrivertubing.com)*



Sloan Park, Mesa

Photo courtesy of Phoenix.org

#4 Hike the High Country

Hiking in the Valley in the summer can be dangerous. Rather than brave the heat or early morning hours, consider traveling less than 90 miles and 4,000 feet higher in elevation above sea level to Payson or beyond. Two family friendly hikes in the Payson area to check out are Water Wheel Falls and Tonto Natural Bridge.

Tonto Natural Bridge:
*(Park entrance is \$7 for adults 14+,
\$4 for youth 7-13, and free for children 0-6)*

*Further information is available on the
Coconino National Forest website.*

*<https://www.fs.usda.gov/detail/coconino/>
(under Special Places)*

#5 Get up in the trees with Flagstaff Extreme

Located near Fort Tuthill outside of Flagstaff, this exciting outdoor adventure course offers a kids' course which includes up to 6 zip lines woven into various obstacles. Children must be accompanied by an adult observing from the ground.

*While adult prices are higher, for groups of
8 people or more, the Kids' Adventure Course
is \$24 + taxes and fees for ages 7-11.*

*Visit Flagstaff Extreme's website
www.flagstaffextreme.com for further information.*



Photo courtesy of Charles Huckeba

Artist Charles Huckeba and his wife, Jill, participate in the Arizona Fine Art Expo each year. The Huckebas own the Huckeba Art Gallery in downtown Prescott.

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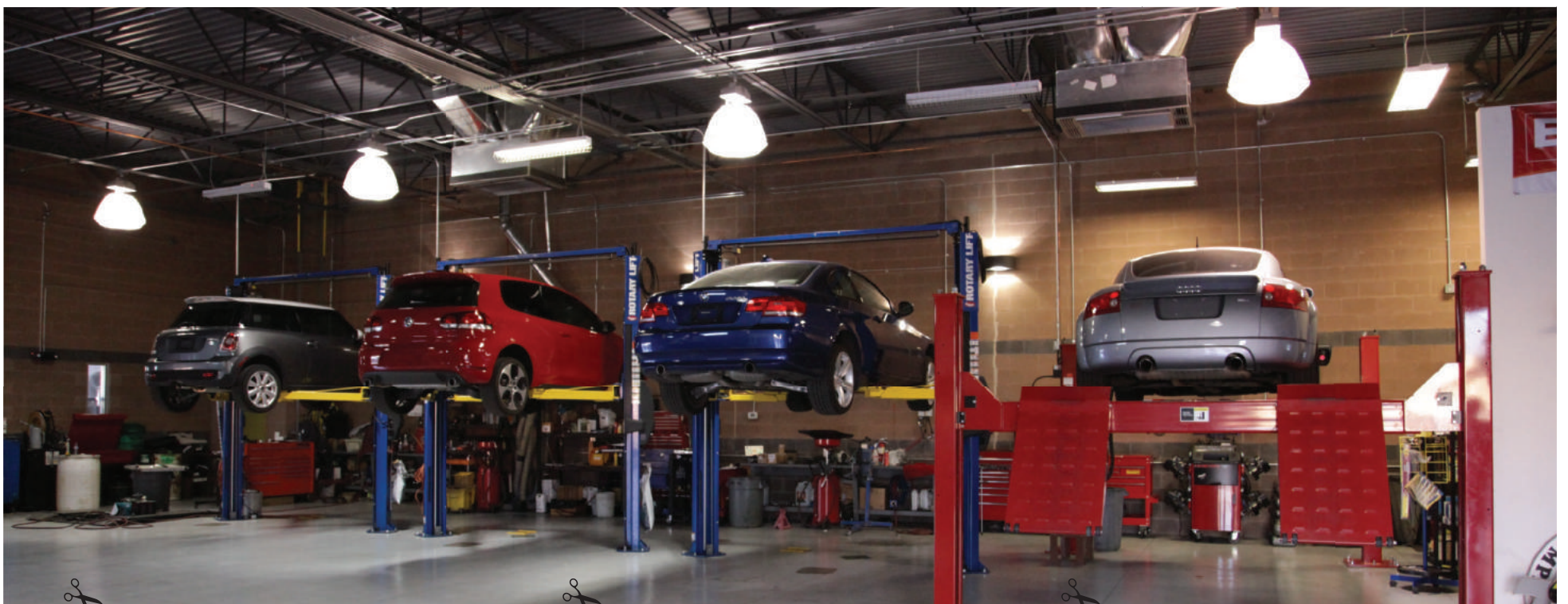
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Show Your Light

Service Mission Changes in Arizona

By Allison Beckert

Church leadership announced a change to the missionary department in January of this year, unifying the application process for both Church-service missions and proselyting missions. Applicants are first considered for proselyting missions, and those who have needs that require they serve at home will be called to Church-service missions. Up to this announcement, most prospective missionaries never considered a Church-service assignment. Service missions are an inspired opportunity that benefits communities and the missionaries who serve them.

Our state has an advantage over many, as the Arizona Church-service Mission has been in operation for 3 ½ years and has expanded to include 6 separate areas. According to the Church's official service mission manual and guidelines, service missionaries live at home, adjust their lives to specific mission standards, and report to their service assignments in their local communities.

Their impact is greater than any-

one outside their ranks would know. The Church benefits from improved relations with other religious groups and communities at home. Elder Mark Pugmire, who serves the Arizona Central Service Mission with his wife, Sister Laurel Pugmire, says, "One thing that surprised us was how complete and wonderfully accepting the interfaith community has been for our missionaries. They're thrilled to have our mis-



Photo by Sister Therese Steadman
Elder Steadman working with Elder Kerr on a solar powered dragster project for children visiting Dysart Community Center.



Photo by Sister Therese Steadman

Arizona Church-service missionaries attended the special devotional in February. Back row: Sister Valdez, Sister Smith, Sister Chou, Sister Goodale with Sister Steadman. Front row: Elder Shotwell, Elder Banks, Elder Kerr, Elder Arnold, and Elder Joyner.

sionaries. That was a surprise, for me."

Members' and missionaries' view of service missions is shaped first by leadership and how they address the application process. Sister Pugmire explains, "Many of our [prospective

service] missionaries experience some anxiety about leaving home." With this change in the assignment process, "there is a possibility you

Continued on pg. 21

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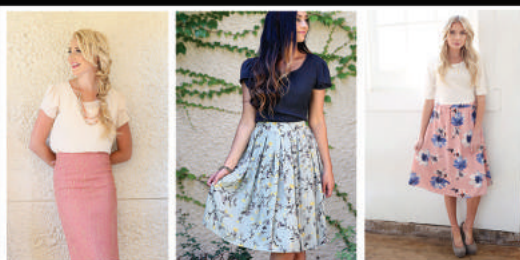
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PREP YOUR MISSIONARY

Mission papers sent off? Great! Now what? There are plenty of things you can do to prepare spiritually, physically, emotionally, and financially while waiting for that all-important call packet. Check in with us for tips, tricks, and useful resources for preparing missionaries and their families.

The Smart Phone: A Mission Tool

By Allison Beckert

As the use of technology has expanded exponentially in the last few years, missionary policy has recently been amended to allow the use of mission phones to call home more often. General Authorities have also issued messages of caution, urging moderation, care, and good judgement when it comes to the role of smart phones, computers, and social software in our lives. Exercising good habits now will help prospective missionaries transition to a humbler, more purposeful use of these technologies to invite others to come unto Christ.

Many young people seem glued to their devices. Games, social media, music, entertainment, calls and texts light up the screen with notifications 24 hours a day. A missionary, however, may not use phones for entertainment, distraction, or as a social fix, and the shift from a personal device to a professional one can be jarring. One way for a prospective missionary

to become more aware of how much they rely on their device is to take the Prophet's repeated invitation to begin a social media fast. He has encouraged such fasts to increase spiritual health, tuning the mind toward the softer, more



Photo by LDS Media Library

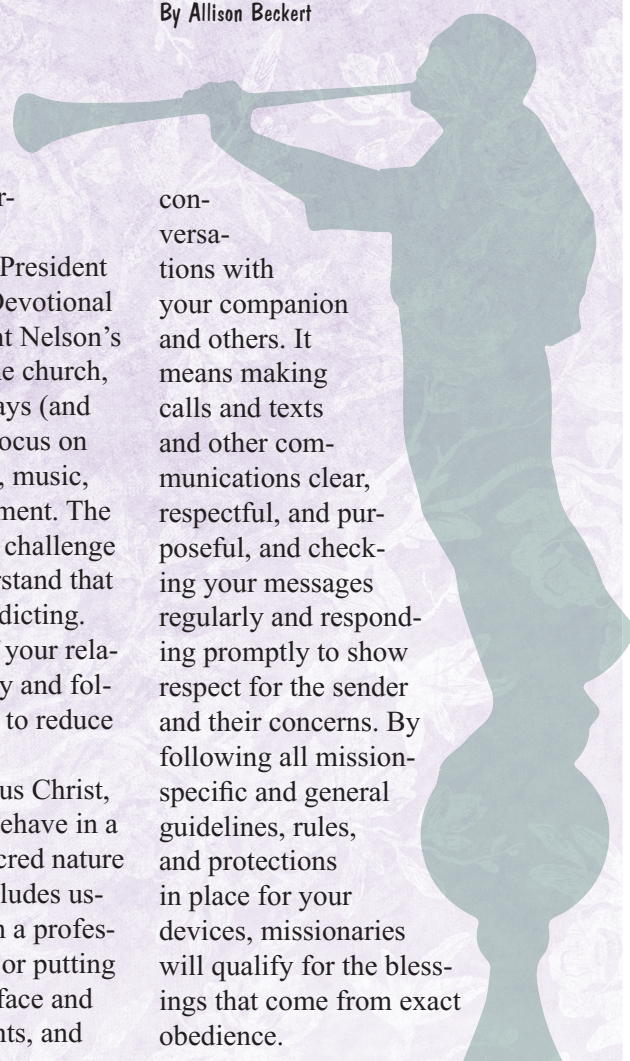
- Smart phones are a powerful tool for missionaries and membership.
- Smart phone technology can teach, instruct, and enrich, as well as damage, confuse, and distract.
- Investigators can find many resources for answering their questions on Church applications and websites.
- Missionaries accomplish a lot in a day, helped by organizational tools.

tender thoughts in life, as well as to what is most important.

Take 7 days, as shared in President Nelson's Worldwide Youth Devotional in June 2018, or 10 (President Nelson's challenge to the women of the church, October 2018), or go forty days (and nights!) if that's your goal. Focus on limiting social media, games, music, or other distracting entertainment. The Prophet purposefully left the challenge open to interpretation. Understand that media of all types may be addicting. Take an honest evaluation of your relationship with your technology and follow the Spirit to decide what to reduce for a better life experience.

As a representative of Jesus Christ, a missionary is expected to behave in a manner appropriate to the sacred nature of his or her calling. This includes using phones and technology in a professional manner by turning off or putting away phones during face-to-face and church meetings, appointments, and

conversations with your companion and others. It means making calls and texts and other communications clear, respectful, and purposeful, and checking your messages regularly and responding promptly to show respect for the sender and their concerns. By following all mission-specific and general guidelines, rules, and protections in place for your devices, missionaries will qualify for the blessings that come from exact obedience.



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HOLY OF HOLIES

Life-sized Replica of the Tabernacle of Moses Complete with Olive Press Create an Extraordinary Youth Conference

By Robin Finlinson

A full-scale replica of the Tabernacle of Moses, including the golden Ark of the Covenant, just made its first appearance in Arizona.

General contractor Ed Hoke of the Huntington Beach California Stake was asked by his stake presidency to study the Lord's description in Exodus detailing how Moses was to build the Tabernacle, then build a replica for their 2016 youth conference. The task took approximately eight months.

As a portable kit, the Tabernacle has now journeyed to 11 stakes in California and Utah for tours. It has even gone to the Ann Arbor Michigan Stake, Brigham Young University and the University of Southern California.

The Queen Creek West Stake used the replica for their youth conference in March. Forty adult volunteers labored six hours to assemble it. At night, the Deacons camped around the 75- by 150-foot wall of the outer courtyard, as did the Levites who protected the Tabernacle centuries ago.

Each member was invited to tour the Tabernacle, with youth guides explaining the symbolism. Sym-

bols represented the Messiah bearing everyone's burdens, protecting them, and being the only way back to God's presence.

Much preparation went into the event. The youth delved into the Old Testament, learning how the Tabernacle relates to modern temples. They created colorful cloth banners representing the 12 tribes of Israel for a special moment of the conference.

That moment came after the 503 youth had each written a personal covenant with the Lord. They gathered at Desert Mountain Park, where the replica of the Ark of the Covenant awaited them, and put the papers containing their covenants into it. "It felt like a permanent prayer," said High Councilman Whit Church.

Then, banners aloft, they walked from the park along the Queen Creek Wash Trail toward the church, with their bishops—the latter-day Levites—carrying the Ark, and saw for their first time the Tabernacle.

Jacob Good, age 18, said, "People had conversations along the way. But as we got closer, they quieted down, knowing the importance of what we were doing."

Continued on pg. 21



The Ark of the Covenant is carried into the Tabernacle building.

Photo by Tom Duford



Photo by Tom Duford

Bishops of the Queen Creek West Stake carry the Ark of the Covenant, followed by the Stake President, the youth and other youth leaders.



Photo by Tom Duford

Youth enter the Tabernacle courtyard through the cloth gate. Youth of each ward represented one or two of the 12 tribes of Israel. They carried banners depicting their tribes.



Photo by Tom Duford

The Tabernacle building, Laver of Water and Altar of Sacrifice, surrounded by the outer wall of the courtyard.



Photo by Tom Duford

The Tabernacle building, Laver of Water and Altar of Sacrifice, surrounded by the outer wall of the courtyard.



Cruisin' Up and Down the Road

MikesAutoShack.com Delivers Service, Quality

By The Arizona Beehive

Car shopping: according to a 2014 Car Week survey by Edmunds.com, it's more stressful than getting married. But purchasing a new vehicle doesn't have to be a hassle. Mike Hallewell of MikesAutoShack.com can take some of the anxiety out of auto buying. He's been doing what he loves since 1998 and is happy to make the car buying process as easy as possible for his clients.

With a proven track record of over 20 years and thousands of cars purchased for his clients, MikesAutoShack.com saves customers time without sacrificing quality. The process works like this: Mike compiles a list of cars that go through local auto auctions. Many auctions are big, with thousands of cars and hundreds of dealers on site. MikesAutoShack.com lists details for every car at these dealer-only auto auctions which, prior to the auctions, his clients can browse. From the comfort of their own homes, potential purchasers can look for a car and call Mike for car details and past pricing trends to determine their price parameters.

"You're going to tell me the price point, I'm going to tell you the year you can get for that. It's just really easy, straightforward and down to earth, and you are going to save approximately \$3,000-\$5,000 over a typical show-

room price," Mike says.

MikesAutoShack.com customers are paying for convenience, but they're also paying for his expertise.

"You're paying for my experience, my relationships at the auctions, the ability I have to get good cars at a fair price—that's a screaming deal," he says.

If Mike can buy the car at or below the customer's preferred cost, they pay him a \$699.00 fee (high end autos such as Lexus, Mercedes, etc., command a \$1,000 fee), plus the car's auction price and a doc fee of \$299—but if Mike cannot purchase the car, the buyer owes nothing. The system is reliable and upfront: no hidden fees, no add-ons, and the security that comes from knowing Mike is a licensed, insured and bonded automobile dealer with decades of know-how. Mike buys late-model, low-mileage cars with full factory warranties—a win in any car buyer's book.

"It's a no-lose situation. The stress is virtually gone," Mike says. "We have a 20+ year track record and have sold thousands of cars. It is a proven method."

In an age of high-pressure sales pitches and shady dealers, the advantage to using MikesAutoShack.com is that the process is "stress and hassle-free," Mike says. "There's no pressure whatsoever, and you save serious



Photo courtesy of Mike Hallewell

Mike Hallewell, of MikesAutoShack.com, and his grandchildren.

money."

MikesAutoShack.com prides itself on a level of quality and expertise that creates customer loyalty. "I want to make sure everyone comes back," he says. "My typical customer is a repeat

customer. A huge percentage have bought from us before."

To take the stress out of auto buying, visit MikesAutoShack.com or find them on Facebook: @MikesAutoShack.



LeSueur's BENCHMARK INTERIORS

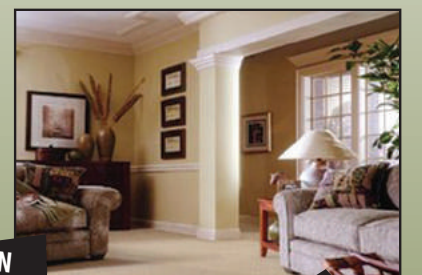
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ORGANIZING FAMILY HISTORY WORK IN THE WARD

By Valerie Ipson



Photo courtesy of lds.org Media Library

The ward council develops a ward temple and family history plan under the direction of the bishop.

Three apostles addressed ward and stake leaders and temple and family history consultants in a leadership instruction meeting that coincided with RootsTech 2019 in Salt Lake City. The livestreamed event focused on organizing family history in a ward.

Elder Dale G. Renlund led off with a discussion of the need for each ward to have a temple and family history plan developed by the ward council and approved by the bishop. He said the goal of any plan “is to lift the ward’s vision and overall attitude toward temple and family history.”

He listed possible areas to consider:

- How to involve ten- and eleven-year-olds in family history and to encourage them to qualify for a limited use temple recommend at the appropriate age
- How to involve every new convert in family history and temple attendance
- How to ensure each ward member has completed their four generations
- How to encourage and coordinate temple attendance without establishing quotas

Elder David A. Bednar, who presided at the meeting, stressed simplicity in his message. He led a discussion with a ward council on stage, asking, “Is it possible to have a

simple ward temple and family history plan that doesn’t become so burdensome, so bureaucratic, so complicated that it gets in the way?” He spoke of the need for a plan that is home-centered and church-supported.

Youth can play an important part as they can learn how to use the FamilyTree app and share it in their homes with their families. He said, “[R]ecently among the different age groups within the church, the age group increasing most rapidly in submitting names for temple ordinances are children.”

Sister Joy D. Jones, President of the General Primary, confirmed that in her research of temples in the Salt Lake area, temple presidents reported that children are filling the baptisteries, and they are not only bringing family names, they are bringing their families.

Elder Gary E. Stevenson spoke of his experience attending the Rome Temple Open House and being reminded of his Italian roots. While there in the “eternal city” he was able to use the FamilyTree app on his phone to bring up his ancestors’ names and faces, and view some of the memories that have been uploaded there. He promoted the use of tools we currently have in our hands.

With our renewed emphasis on home-centered gospel learning, he said, “The home, the family, the temple are

inseparably connected. One leads to another. In no other work are we more home-centered than in temple and family history work.”



Photo courtesy of lds.org Media Library

Increasingly, youth lead in submitting names for temple ordinances.



AZ Service Mission Changes Continued from pg. 15

may not be a service missionary, you may be a proselyting missionary.”

Church authorities make the final call on where a missionary will serve. “I think for a lot of those young people, that’s a fear they can’t overcome. It’s very hard for them. We want [leaders] to be aware of this program so we can get in front of the mission application and talk with these young people and explain about a service mission, the process, and try and help them understand that apostles are inspired, and they’ll make the call that’s best.” As with all mission assignments, bishops’ and stake presidents’ comments are vital in helping General Authorities know what factors should be considered in making these calls.

Missionaries called to Church-

service missions can look forward to representing the Church positively among other religious groups, charitable causes, and community-focused organizations. When the Pugmires were first called, they built up the program, encouraged young people to participate, and helped overcome prospective service missionaries’ barriers to serve. Much has changed and will continue to change. Elder and Sister Pugmire, as well as the leadership of the Arizona Service Mission, look forward to more opportunities and more incoming missionaries.

Elder Pugmire says of their missionaries, past and present, “They’ve made a big name, shown their light, and have been a positive influence for the church.” They will continue to do so.

Holy of Holies Continued from pg. 19

The procession continued into the Tabernacle courtyard. The Ark was taken into the Holy of Holies, where the written covenants were removed and a replica of the tablets bearing the Ten Commandments was placed inside it. Also in the Holy of Holies, each bishop told his own flock of youth about the importance of making and keeping sacred covenants with God.

Another highlight for these youth was crushing and pressing olives with up to 10,000 pounds of weight to make oil.

Stake President Gary Smith said, “It was important for us as stake leadership to help those youth recognize the significance of that olive press and what our Savior accomplished for each one of us when He bled from

every pore.”

Seventeen-year-old Grace Ogden noticed how it affected everyone. “Learning the symbolism of the Atonement of Jesus Christ brought a feeling of peace,” she said. “It was very, very touching.”

Together, the Tabernacle and olive press offered an impactful hands-on experience.

To rent the Tabernacle, email Sister Julie Carr at julie@jcarrcontracting.com.

By Sherrie Natrass



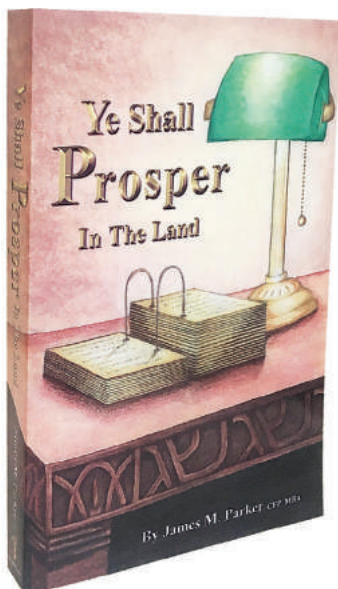
Financial Expert and Author Jim Parker

Ye Shall Prosper in The Land— God's Laws and Promised Blessings

A Conversation with Financial Expert and Author Jim Parker

When did you first decide to write this book?

About 15 years ago, having already helped clients for 20 years, I discovered an uncommon strategy for helping people get out of debt. What began as notes of thoughts during down times and air travel began to form the foundation of a manuscript. It was initially going to be a financial planning book for the masses. Over time, as I listened to General Conference talks about using money wisely and read the scriptures, I would think to myself, *That is a good thought and should be*



in my book. My notes evolved into a book that combines practical financial planning advice with the teachings of the gospel, primarily geared toward members of the Church of Jesus Christ of Latter-day Saints.

How did you come up with the title of your book?

The initial title, *The Lord's Laws of Money*, clearly communicates the essence of this book, but a better title was necessary. While reading the Book of Mormon multiple times, I felt a title that invoked the promise, "Inasmuch as ye will keep my commandments, ye shall prosper in the land," would be much better.

The book is, in fact, an LDS perspective on the Lord's Laws of Money.

How did you first come up with the Lord's Laws of Money?

Some of my favorite verses of scriptures are D&C 130:18-21. The first few verses talk about the importance of gaining knowledge and intelligence, because it will rise with us in the resurrection. Verses 20-21 say that in order to receive a blessing from God, we need to follow certain laws. We know the laws and rewards of living the Word of Wisdom, and that by living the law of tithing the windows of heaven can be opened in our behalf.

If that is the case, then what laws, if followed, would help us become more prosperous? What are God's laws that govern money and prosperity? As a financial advisor, I have seen firsthand how mistakes with the use of money adversely affect the health and strength

of finances, marriages and families. I've also watched how the wise use of money builds happiness and strength in each of these critical areas.

Through gospel teachings from General Authorities and the scriptures I've identified eleven laws that detail how to apply the Lord's Laws of Money and enjoy the promised blessings of prosperity.

What was your motivation to get your book published?

This book had been mostly written for about ten years. I started to worry that if it just stayed on my computer, my children might never read or benefit from it. I also wanted this valuable information to help members of the Church.

Continued on pg. 26

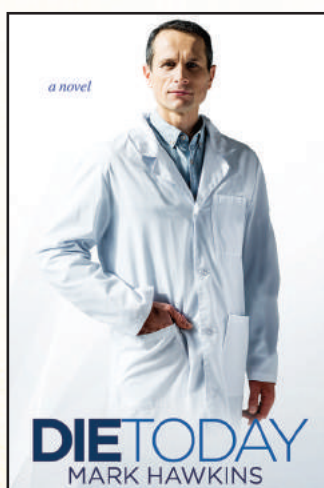
YOU'VE HEARD THERE'S AN AFTERLIFE. SEE FOR YOURSELF!

Mark Hawkins, author of *Die Today*, began this novel about the afterlife while writing in his journal in La Serena, Chile. On the page titled "The Power of God," he writes, "Some people obsess about social media or national news. I've been obsessed with the afterlife for thirty years."

Hawkins says the main story questions in the book are these: "What is afterlife really like? Does anyone know who Satan is? Is it all flagrantly obvious? No? Let me show you why."

"Millions of people have read near-death experience books. I can't

wait for those people to see this!" Hawkins says.



Cover of *Die Today*

The book follows Will Johnson as the lead physicist who stabilizes dark matter at the site of a large Hadron collider. A person starts to form in the dust particles, just as the machine shuts itself down. Will dies in a motorcycle crash shortly after. He finds life after death is as real and scientific as mortal life. He still sees the mortal world he was accustomed to, but now he also sees other ex-mortals, as well as a race of beings who claim never to have been mortal.

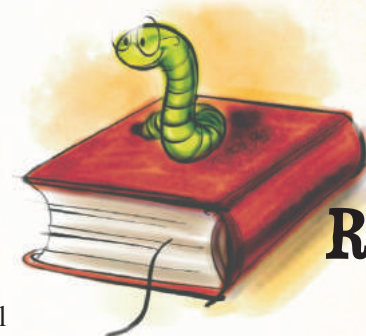
These beings are led by Azzoloft, whose technological aspirations are

diabolical. He uses the particles Will discovered to create indestructible beings. Will learns he cannot stop them unless he can change who he is, and what he has become, before it's too late.

Hawkins says a favorite line in the book is where Azzoloft asks Will who he thinks owns all the buildings in the world. Will responds, "A really rich guy in China?"

Hawkins also likes where Johnson is arguing with his wife, Marie. Will says, "I'm sorry. Sometimes I have a big mouth." Marie responds, "Is it big? Let's see, is the Grand Canyon big? Is the ocean big?"

Hawkins says, "I am really excited about this book. For the first time,



Beehive BOOK REVIEW

people are going to be reading about the afterlife, and saying, 'Hey, wait a minute, maybe he's right...'"

The book is available on Amazon.com and Latter-Day Cottage Bookstore in Mesa, Arizona. Learn more at www.Mark-Whawkins.com.

Hawkins has also recently released a non-fiction book, *The Technology of God: The Theory of Everything*.



Photo courtesy of Mark Hawkins
Arizona Author Mark Hawkins

COOKING with the BEEHIVE

By Rachael Fuller

Ready for the Pool and BBQ!

I am always excited for summer. I love the hot weather, I love the pool, I love not waking up early for seminary with the kids, and I love vacation. Part of all of that is countless BBQs and days lazing around and swimming.

Every year our family heads up to little Lander, Wyoming for Pioneer Days and the 4th of July. Lander is a world apart. A town of about 7,500 people, they go all out for America's birthday—and that includes food.

Our favorite meal memory is our 4th of July picnic lunch. This past year I found the perfect summer appetizer: deviled eggs with brilliant colors. Add this to your summer BBQ and think of your favorite place to spend the 4th of July.



Lander Americana.

Photo by Nick Fuller



Edible patriotism. Photo by Rachael Fuller

Ingredients

- 12 eggs
- 4 cups water, divided
- 1/4 cup vinegar, divided
- Food coloring
- 1/4 cup mayonnaise
- 2 tablespoons mustard
- 1 teaspoons vinegar
- 1/8 teaspoon cayenne pepper
- Salt and pepper to taste
- Garnishes

Directions

1. In a large pot, add eggs and cover with water 2" above eggs. Bring to a boil over high heat.
2. When water reaches a boil, cover pot and remove from heat. Allow to sit for 10 minutes.
3. Place pot in sink and add cold water. Add ice. Leave eggs in pot until completely cooled.
4. Peel each egg and slice in half lengthwise and remove yolks to medium bowl and set aside.
5. In four cups, add 1/2 cup water to each. Stir in 10 drops of food coloring and 1 tablespoon vinegar to each cup until completely dissolved.
6. Add egg whites to cup and allow to sit until the desired color is reached. The longer the egg white is in the dye, the more vibrant the resulting color will be.
7. Remove dyed egg whites to wire rack over plate to dry completely.
8. With a fork, mash yolks until smooth. Add mayonnaise, mustard, vinegar and cayenne pepper. Stir together until well combined. Add salt and pepper to taste.
9. Pipe yolk mixture into colored egg whites.
10. Garnish filled eggs. Popular garnishes include more paprika, bacon, olives and chives.

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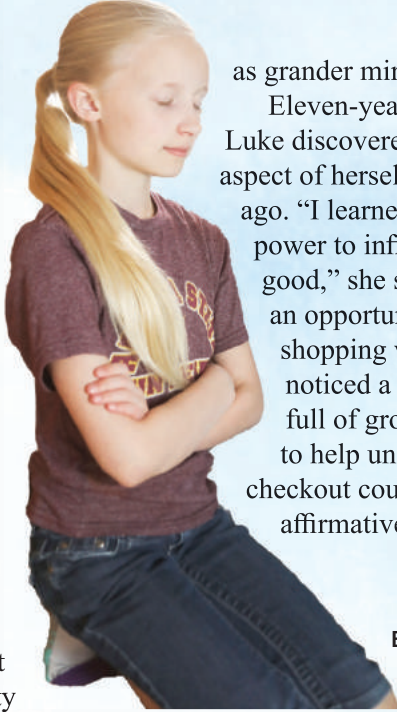


FHE Corner

LIVES OF DAILY MIRACULOUS VICTORIES

Miraculous communication occurs as we pray with faith to Heavenly Father in the sacred name of Jesus Christ and invite the Lord's assistance each day. Then, with faith to live virtuously according to Christ's teachings, we can employ the gift of the Holy Ghost and lead lives of daily miraculous victories.

For Family Home Evening, consider how small wonders, like these experienced by families in the Chandler West Stake, are just as vital to families and society



as grander miracles.

Eleven-year-old Rebecca Luke discovered an important aspect of herself a couple of years ago. "I learned that I have the power to influence others for good," she said. Recently, an opportunity arose. When shopping with her mom, she noticed a woman with a cart full of groceries and offered to help unload them onto the checkout counter. A grateful affirmative reply was given.

Photo by Robin Finlinson
Eleven-year-old Rebecca Luke prays for daily heavenly aid.

As soon as Rebecca began, her mom, who had felt unsure about offering, joined in. Rebecca was victorious over shyness and complacency and helped her mom to be also.

Last year as my son Tanner and I approached a mall entrance, we noticed that a woman near the doors was smoking. I immediately ran into the mall to avoid breathing in much smoke. Tanner, then eleven years old, continued to walk. Once inside, he told me, "I didn't want her to think we hated her." He preferred to abide a moment of physical discomfort over causing another human being to feel something far worse. The Lord certainly gave him a higher perspective. Instead of thinking of himself as a victim in the situation,

as I'd been doing, Tanner was victorious over intolerance.

When children act under the influence of the Holy Spirit with kindness to others, they often assist their parents with a change of heart—a miraculous bi-product!

My daughter Sydney had never played team volleyball. After tryouts, she was the only eighth-grader placed on a team of girls in seventh, sixth and even fifth grade. I've never seen her so disappointed. Rather than quit, she was determined to participate and learn. At the end of the season, the coach awarded her a plaque that read "Most

Continued on pg. 26

Love Living the Summer Life Prepping Your Style for Summer

By Heather Kidder

Temperatures are climbing, and that signals the time to change style and beauty routines. Shed the dread of this season by preparing to love living the summer life. The aim is to maintain your beloved styles and fashion while also retaining your sanity. Lighter fabrics are in; long sleeved layers are out. Skin care gets boiled down to the basics, while time gets eaten up as schools release the children. Feel lovely this season while practicing safety in the sun.

Stay in Style: Shed any layers of clothing and keep the summer style simple and breezy. Cotton, linen, or rayon are great places to start when looking for lighter clothing as the heat takes over. Maxi skirts and dresses are great go-tos and can be dressed up for date-night or dressed down for swim cover for a day at the pool. Darker colors hide any embarrass-

ingly real sweat experiences, and with the right fabric, those darker colors can stay all summer long without giving the wearer the feeling of being cooked alive.

Skin Care: The struggle is real when facial sweat ruins a beloved make-up routine. There is always the option of spending more money to invest in make-up that withstands apocalyptic temperatures; however, that is often an unrealistic expense. A more cost effective solution is to find protective creams (SPF) with a color tint: light coverage with a focus on saving your face from the damage of the sun. Finding the right brand and price for you will take some trial and error, but once you've found a good tinted protective cream, much of the stress of the morning routine will be gone! It is amazing how much preparation time and social terror can be saved with this

one change.

Pool Prep: Kids and adults crave time by the pool! Sadly, the preparations required to arrive prepared and protected often turn the pool into a dreaded or avoided activity. Many guides online can help families establish a pre-packed pool bag. With that out of the way, think about establishing the essentials necessary for *you* to feel great and enjoy your time spent outdoors: go-to up-do and affective accessories. Search for a great hat with a wide brim to shade skin while keeping it classy. A favorite pair of sunglasses not only provides protection but masks sleep deprivation. The right accessories can make the hottest mess look put-together. These, along with finding a swimming wardrobe that helps you feel confident, will improve your motivation to make the preparations needed to spend time by the water.



Photo by Kris Andrade

This stylish mama throws on a bright pair of earrings and dark sunglasses. She's keeping a fresh look for pool time.

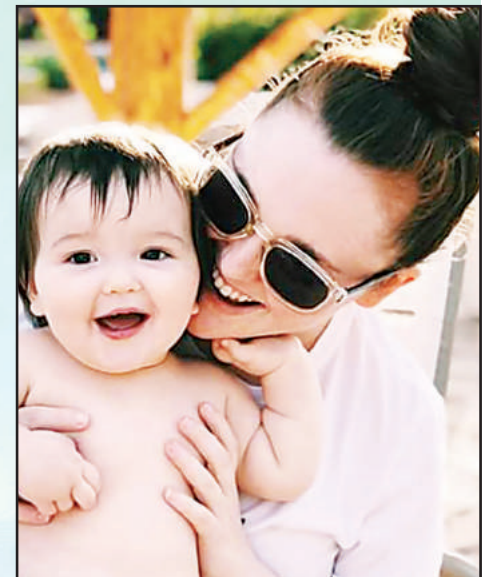


Photo by Molly Kay

This Super Mom looks perfectly styled with a wonderful up-do and great shades.



Medically Self Reliant

IN OUR RETIRED YEARS

By Delight Clark

Most Americans would tie self reliance to finances, saying it means they have jobs where they can earn enough to meet monthly bills, and where there is money tucked away for unexpected expenses so they can survive challenging health or financial stress if necessary.

For some it means their major assets are protected no matter what happens. Sometimes being self-reliant means identifying and asking for help from knowledgeable people who can help us make smart, informed choices.

Whatever self-reliance means to you, identifying the key elements of it will help you find the assurance you're looking for. One of those elements is adequate health insurance.

Most of us want to know that in case of an accident, on-going medical issues, an unexpected diagnosis or a turn of health for the worse, we will not have to bear the entire financial cost by ourselves. Aging and retiring from full time employment almost always mean we have to look at alternative forms of health coverage.

Medicare is the United States Government's plan to medically insure senior and disabled people. Understanding Medicare and how it works, minimizing our risk while maximizing our benefits, and finding plans within our budget empowers us regardless of what health challenges come our way.

It is important to know that Medicare has four parts: A, B, C and D.

Part A, Hospital Insurance, typically has no cost, as we have been paying into Medicare as part of our paycheck withholdings.

Part B, Medical Insurance, is the complement to Part A that covers doctor visits, durable medical equipment, laboratory tests and hospice care. Medicare beneficiaries must pay a monthly premium for Part B. Often it is deducted from our Social Security income before it is deposited in our bank accounts. Together Part A and

Part B are called Original Medicare and cover beneficiaries' costs at 80%. Those on Medicare typically look for ways to cover the additional 20% that has become their responsibility.

Part C- Medicare health plans, which must cover Part A and Part B benefits usually include prescription drug coverage.

Part D must also be added to the Medicare mix to help cover expenses, whether you take prescription drugs or not. So, all beneficiaries must have Parts A, B and D.

Medicare has enrollment periods, special election periods and special needs plans that may cover us if we have limited incomes or a specific diagnosis such as diabetes.

Subsidies for prescription drugs at reduced rates might also apply to some beneficiaries.

Knowing when to apply for Medicare benefits, how to avoid lifetime penalties, when to transition from employer insurance to Medicare and how to choose the most appropriate



Photo via iStockPhot.com

supplemental Medicare benefits can be challenging. For any coverage beyond Original Medicare, you may need someone with expertise to guide you through the Medicare maze.

This is where contacting a broker or agent can be especially helpful. He or she can help you evaluate and choose

appropriate plans, and modify your selections during the Annual Enrollment period.

You won't be left on your own to deal with the changes that are always happening in Medicare; your broker is your ongoing advocate.

ARE MEDICARE PLANS CONFUSING?



- Are you turning 65 & not sure what steps to take to activate your Medicare?
- Have you received a letter stating your doctor is no longer in network & your plan's rates are changing?
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- Do you wonder if you might qualify for extra help paying for your prescription drugs?

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Song Appeal

Why Do We Like The Music We Like?

By Katherine Ogden

Hunter Farris has been interested in music for most of his life. A native of Gilbert, Arizona, from the Calendar Vista Stake, Farris learned guitar at 14 and started playing the organ at 17. Farris has also sung in choirs for years, including Highland High School’s Concert Choir. It was there he received his introduction to music theory—and from there, SongAppeal, a podcast which analyzes why listeners like the music they do, was born.

How did you get into music?

I like all kinds of music, including alternative rock and pop punk, such as Matchbox Twenty/Rob Thomas, Fall Out Boy and Bowling for Soup. I’ve learned music theory through a variety of media: YouTube, podcasts, blogs, Twitter, Reddit, and even interviewing professional music theorists.

How did you get started with Song Appeal?

I decided to start Song Appeal partly because I loved the video essays I was watching from Lessons from the Screenplay, JustWrite, Every Frame a Painting, and other wonderful YouTube content creators. I wanted to get

in on that scene, so I decided to make some kind of channel about music. I knew there were plenty of people who hated music theory (I later found an entire Twitter account dedicated solely to retweeting complaints about music theory!). I also knew that I didn’t just want to talk about my own personal thoughts about the song or how it affected me personally. I wanted to talk about something more universal. So precisely one year ago, I released my first 3 episodes, each about why you like your favorite songs, based in music theory and psychology.

Can you give an example?

Let’s take ‘Rewrite the Stars’, for instance, from The Greatest Showman. Since change grabs our attention, ‘Rewrite the Stars’ goes a step further by changing the speed of the song. I’m not talking the number of beats per minute, I’m talking about the number of notes per second. The beats-per-minute, or tempo, stays the same. You would still dance to it at the same speed. But there are simply more notes in every second. Each second is just more dense with notes.

At any given second, the verse might have anywhere from 0 notes to



Hunter Farris at the mic.

Photo courtesy of Hunter Farris

4 notes. And that change is huge, with the jump being almost always at least 2 notes per second. That’s more change than most people put into their voices. Almost every second of the melody has a different speed and, with that much change, you can bet that the song catches our attention over and over, and really holds onto it.

I care about helping other people

enjoy what they’re doing, so I wanted to create this video essay channel that would help other people enjoy music theory more.

If you’ve had a favorite song that comes to mind, Brother Farris welcomes contributors’ suggestions. You can find him at SongAppealOfficial.com, on Facebook at Song Appeal or @SongAppeal on Twitter and Instagram.

FHE Corner Continued from pg. 24

Valuable Player.” It wasn’t just because of her consistent serve. It was because of the camaraderie she developed with her younger teammates and the effort and focus she inspired in them. Sydney was victorious over discouragement... and several other things.

What would you have miraculous victory over in the following situations?

Remaining calm and full of faith when someone else’s immediate needs or traffic slows you down

Standing for truth and righteousness

when encouraged to act contrary to the Savior’s teachings

Having energy to accomplish a task despite illness

Accepting undesirable circumstances that will likely not change during mortality

With aid from on high, we can overcome ingratitude, self-absorption, cowardice, irresponsibility, anger, etc. What victories has your family had today? What might you pray for assistance with tomorrow?



God’s Laws and Promised Blessings Continued from pg. 22

Tell me about the cover.
My daughter is good with art. I thought of gold plates on a table to represent the promise made in the Book of Mormon, and a banker’s lamp could signify modern-day business and prosperity. She took it one step further, including the word *prosperity* in both Egyptian and Hebrew in the border of the table for the cover.

Was there any other motivation for writing this book?
I wrote this book for my family and members of the Church. I am happy

that this important information is now available. There is a freedom that comes from financial independence. It allows us to serve the Lord, build the kingdom, alleviate suffering by helping the poor, bless our families and a host of other things the Lord may want us to do. Learn and live God’s Laws of Money and “ye shall prosper in the land.”

Visit <https://www.yeshallprosperintheland.com/> for more information or to order Jim’s book.

Tickling THE Ivories

Motivate the Musician in Your Life with *Piano Marvel*

Merry Gordon

Have you always wanted to play piano but never really got beyond plunking out “Chopsticks”? You’re not alone—and Piano Marvel can help you with everything from “Chopsticks” to Chopin.

Piano Marvel’s education software, created by piano teachers specifically for piano students, helps students of all ages achieve their musical goals. Piano Marvel’s inventive technology allows students to learn at their own pace or with a teacher. The marriage of technology and accountability gives students instant feedback and tracks progress; it also provides video tutorials and an ever-expanding library of exercises and songs to increase student engagement.

“As amazing as some of the technology tools are in gamifying learning,” says certified Piano Marvel coach Sean Slade, “we still believe that a teacher is invaluable because 100% of us won’t accomplish as much if we don’t have accountability. Today’s students are different, though,” he acknowledges. “They need to a higher level of engagement that technology provides to keep learning fun and the right level of challenge for them.”

The instant feedback function is especially useful for students as it gives immediate correction for wrong notes and rhythms. This enables students not just to practice, but to practice *correctly*.

To measure their progress, students



Photo by woodleywonderworks via Flickr

Piano Marvel offers over 3,000 songs and tutorials for every level of piano proficiency from beginner for advanced.

earn virtual trophies according to their level of performance.

“Students love the challenge of filling up their trophy case in method and technique sections,” says Sean. “My 76-year-old father called me a while back and said, ‘I did it! I just got a gold trophy on level 3B!’ Also, besides learning the hymns, students love the challenges we are running on some of the coolest new popular music from *The Greatest Showman*, Ed Sheeran, Disney and the Beatles, and they have a chance to win prizes as well!”

For students who lack the incentive to practice, the trophies, prizes and instant feedback can be a real motivator—something Sean knows firsthand.

The founder of Piano Marvel met



Photo via Pexels

Piano practice feeling a little tired lately? Piano Marvel can help!

Supervising Catholic Charities Continued from pg. 9

that you just do on Sunday, to really put that into practice, to give and to share. This house doesn’t have outside funding, so a lot of those things we wouldn’t be able to provide if it wasn’t for the goodness and kindness of people donating. It goes back to the parable of the Good Samaritan. We serve the most vulnerable in our communities.

Why is there a need for more places like the Juniper House?

One of the things that sets the Juniper House apart is that we really wanted to create a sober living environment that allowed people to deal with their whole health. For example, in other sober living environments people aren’t allowed to take medications that they may need for mental health. We want them to be able to do whatever that behavioral health provider designates is best for them. When you consider the amount of trauma and the stories that these women have lived through, just being able to have that support, to have some-

where to live, they need something to help them get to the next place. Especially as a community, these are our neighbors, our friends, family members, coworkers ... sometimes I think people have this false idea of “us” and “them.” That’s not what it is; it’s really helping our community.

What does the Juniper House mean to you?

One of the really great things about this program is being able to have seen the need in the community and ... to create this program around what we needed. Being able to witness their lives, their improvements, their trials, their triumphs, ... to see them make sustained progress and improve their lives and their families’ lives. Being able to be a part of that is very inspiring.

For more information: Juniper House: (928) 774-9125 www.togetherforinth.org/catholic-charities

Forever Online Photo Storage Continued from pg. 12

moment. [And I wonder,] why are you waiting? Let me help you.”

With an estimated 7.5 trillion photos taken every year, that’s a lot of pictures to store. Considering that many people still have hard copies of photographs, home movies in various formats, and other important memories stored away in their homes; using Forever™ becomes a way to keep up with the rapidly changing technologies and advancements that have happened over the past 20-30 years when it comes to pictures and videos. This method of storing memories makes accessing them from most anywhere, for any family member, very convenient.

Hicks shared a particularly meaningful story that expresses exactly why she loves what she does in “helping people [to] make sense of their photo mess.”

“I take a lot of pictures and videos of everything around me. I used to think that was lame, but once I lost people, and years passed, and I started to forget the sounds of their voices and the lines on their skin, I changed my mind. I’d rather have too many memories than not enough.”

Sean years ago, and told Sean that his kids could progress “four times faster” using Piano Marvel’s technology. Sean has seen that growth potential as a parent and as a teacher.

“I personally walked away from teaching piano for several years because it seemed like there was a lack of motivation and fun in both teaching and learning until I discovered how engaging assessment technology and tools like Piano Marvel were for my own kids,” says Sean.

To try Piano Marvel, create a free account at www.PianoMarvel.com, watch some of the tutorial videos, and test your sight reading score with a SASR (Standard Assessment of Sight Reading).

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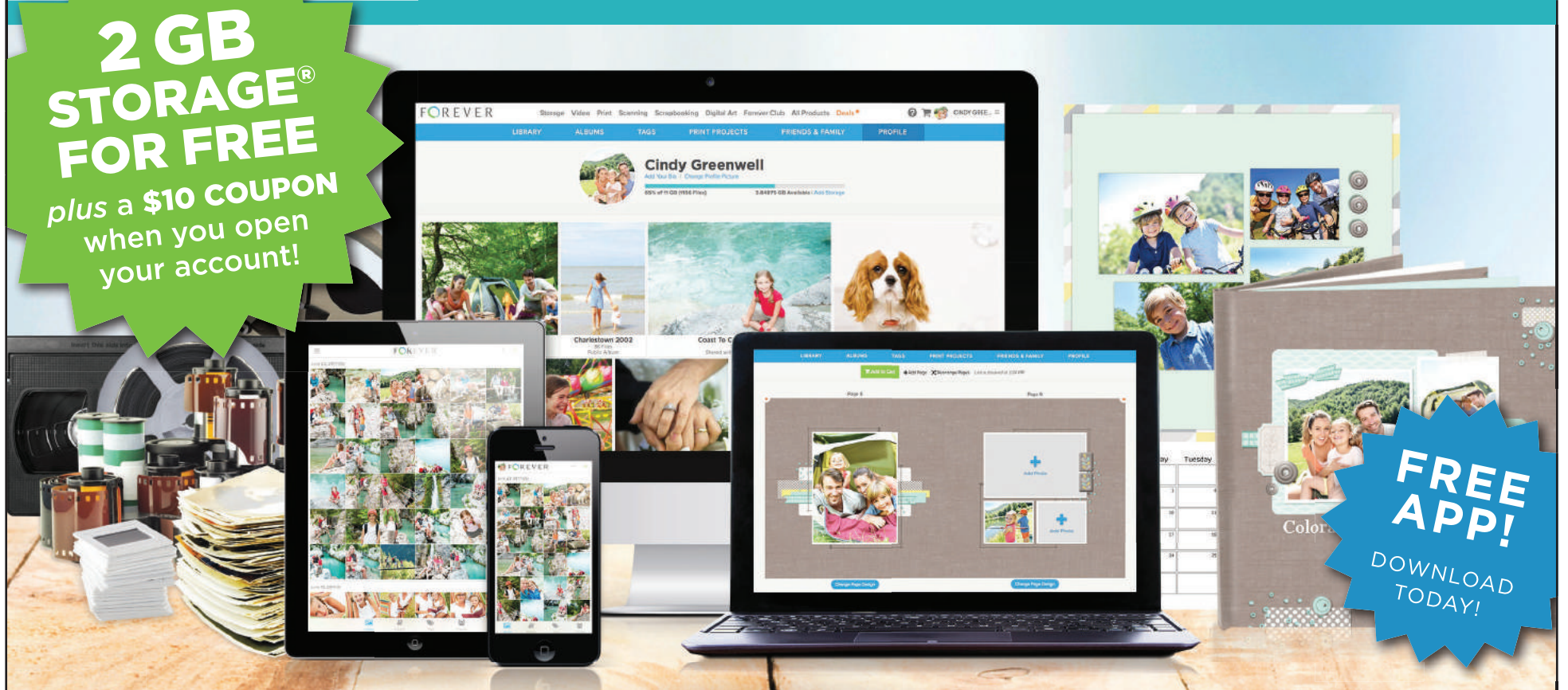
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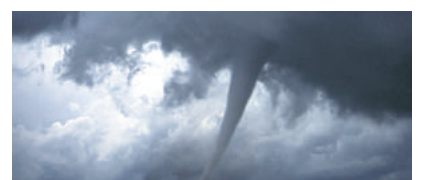
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Giving Back

The Things That Make Us One *Full Color Movement International*

By Hillary Jade Fevrier

There is not enough space to do justice to all the amazing projects happening at Full Color Movement International, a non-profit organization that provides meals to the homeless, a business school to adolescents, Eagle Scout project collaborations, and much, much more. Founded in 2014 by the husband and wife team of Benjamin and Krystelle Richardson, Full Color Movement's aim is to "celebrate the things that make us one."

The Richardson home was always a hub for goodwill and charity, dating back to before the couple ever met. "It's just how we were raised," says Krystelle. As their reputation for doing Christlike acts of service and providing succor spread, the couple decided to make it official and eventually the Full Color Movement as it exists today was born.

Krystelle Richardson is the heart and soul of the Full Color Movement. She's the president and CEO, the choir director, the choreographer, the travel agent, the teacher, and the chef, among other titles. Her background in engineering and her career as a medical product engineer have allowed her to organize medical aid missions all over the world while still making an enormous impact right here in Arizona. Somehow, with all her activities, Richardson has found the time to write and publish three books, raise two daughters, and have a full-time career. Her busy schedule is a testament to the great value that Richardson and her family place on the Full Color Movement.

While Krystelle Richardson might be the public face of the Full Color Movement, her husband, Benjamin, provides services to the community that only he could provide. He runs a program called "Men Helping Men," which assists previously incarcerated men adjust back into everyday life. Benjamin's background is in law enforcement, having previously



Photo courtesy of Krystelle Richardson

Krystelle Richardson, wife, mother, author, engineer, and founder of the Full Color Movement International.

served as both a police officer and an FBI agent, and there is no better man to help men regain confidence and reassert themselves into society.

Today, Full Color offers scores of opportunities to serve, connect, and celebrate all the wonderful "things that make us one." From Bible study,

to dance troupes, to gospel choir, to feeding the homeless and more, the Full Color Movement is a non-profit like no other. All are welcome and encouraged to participate however they can. Some ways to get involved with Full Color Movement are:

- The Give Hope Luncheon: Provide meals and/ or transportation to the less fortunate. Every first Saturday from 10 am to 1 pm at the Bible Baptist Church (2320 N 7th St. in Phoenix)
- Join the dance team or gospel choir: visit fullcolormovement.com for meeting times.
- Donations of clothing, bottled water, nonperishable snacks like granola bars, money or other are always welcome.

Full Color Movement International is astounding from start to finish. The Richardsons' plethora of interests and intellectual gifts make Full Color Movement a vibrant and dynamic way to give back to the community and "celebrate the things that make us one."

For more service opportunities or information, visit <http://www.fullcolormovement.com/how-to-serve-how-to-give.html> or contact Full Color Movement at (480)-227-9743.



Photo courtesy of Krystelle Richardson

The Give Hope Luncheon. The Full Color Movement's monthly event is open to all.

VALLEY TEMPLE SCHEDULES

Family Ordinance Cards

Ordinances for family names must be done in proper sequence—baptism, confirmation, Melchizedek Priesthood ordination (males), initiatory, endowment, and then sealing. Please allow sufficient time to perform all the ordinances you wish to complete during your visit. For additional help and information, please call the temple.

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2018 Temple Closures

Sunday, May 20, 2018 - Thursday, December 31, 2020

Gilbert Arizona Temple

3301 S. Greenfield Rd, Gilbert, AZ, 85297
(480) 822-5000

The Gilbert Arizona Temple grounds will now be open Sunday and Monday evenings from 5:00 to 9:00 p.m. for individuals and families to experience the peace and holiness of the temple and to teach their children, grandchildren, and friends about the blessings of the temple. This opportunity will begin immediately and will be in addition to the availability of the temple grounds daily Tuesdays through Saturdays (except closures published on lds.org).

Services

Clothing rental now available, no cafeteria, no patron housing available

Distribution center: Inside nearby Deseret Book Store: 2894 S. San Tan Village Pkwy #103, Gilbert

Endowment Sessions

Tuesday - Saturday: Every 45 min from 5:30am - 7pm
Last daily session at 7:30pm

Spanish Sessions: Tuesday, 7:30pm; Saturday, 8:30am

ASL Session: 3rd Saturday of the month, 11:30am

2019 Temple Closures

Thursday, July 4

Monday, September 30 - Monday, October 14

Wednesday, November 27 - Thursday, November 28

Tuesday, December 24 - Wednesday, December 25

Tuesday, December 31

Phoenix Arizona Temple

5220 W. Pinnacle Peak Road, Phoenix, AZ 85310
(623) 474-9500

Services

No clothing rental, no cafeteria, no patron housing available. No distribution center nearby

Endowment Sessions

Tue a.m.: 7:30am, 9:00am, 10:30am

Tue p.m.: 4:30pm, 6:00pm, 7:30pm

Wed a.m.: 6:00am, 7:30am, 9:00am, 10:30am

Wed p.m.: 4:30pm, 6:00pm, 7:30pm

Thu a.m.: 7:30am, 9:00am, 10:30am

Thu p.m.: 4:30pm, 6:00pm, 7:30pm

Fri a.m.: 7:30am, 9:00am, 10:30am

Fri p.m.: 12:00pm, 1:30pm, 3:00pm, 4:30pm, 6:00pm, 7:30pm

Sat a.m.: 6:00am, 7:30am, 9:00am, 10:30am,

Sat p.m.: 12:00pm, 1:30pm, 3:00pm, 4:30pm, 6:00pm

Spanish Sessions: Tuesday, 7:30pm; Saturday, 7:30am

ASL Session: 2nd Saturday of the month, 12:00 noon

2019 Temple Closures

Monday, May 13 - Monday, May 27

Thursday, July 4

Saturday, October 5

Wednesday, November 27 (Limited Hours)

Thursday, November 28

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